

## Chaperone Policy

Approved Dec 20, 2007

IT IS THE INTENT OF THE RED RIVER NORDIC SKI CLUB TO OFFER HEALTHY AND SAFE TRAVEL-TO-TOURNAMENT-EXPERIENCES FOR OUR ATHLETES. TO FACILITATE THIS, THE FOLLOWING GUIDELINES HAVE BEEN DESIGNED TO OUTLINE EXPECTATIONS FOR OUR CHAPERONES.

## **EACH CHAPERONE MUST:**

- i) communicate with the coach and athletes to ensure that the chaperone and coach are aware of every athlete's whereabouts at all times and to ensure that the athletes and coach are aware of the chaperone's whereabouts at all times.
- ii) work with the coach to ensure that the policies developed for the event by the coaching staff (curfews, rests, nutrition, excursions, etc.) are followed.
- ensure athletes behave according to the Red River Nordic Ski Club Athlete Code of Conduct and any additional rules of conduct set for them by their coaches.
- iv) ensure athletes keep the curfew set by the coaching staff and deal with appropriate discipline when curfew violations occur.
- v) share responsibility with the coaching staff for athletes at all time during travel, 24 hours per day, every day of the trip, including when the athletes are at the venue. (Note, this means that chaperones must travel to and from a race site with the team.)
- vi) be ready to respond to any unexpected medical needs of the athletes and must arrange for transportation of and accompany the athletes to the hospital, if required.
- vii) be prepared to act as a resource when an unplanned situation arises, which is when a chaperone is most needed. For example, a chaperone may have to deal with issues involving the safety of our athletes in the hotel, such as when there is a disturbance in the hotel caused by someone outside our club, whether another hotel guest or another team's athlete.
- viii) ensure that each athlete sleeps in his or her assigned room. Changes in room assignments are to be made only upon the approval of the head coach. Where any change occurs, the chaperone must report the change to all coaches, chaperones and hotel staff. This is crucial in the event of an emergency or an evacuation.
- ix) ensure RRNSC athletes receive medication only in accordance with the RRNSC Travel Policy.
- x) refrain from consuming any alcoholic beverages at any time during the trip.