



Travel Policy

Approved Dec 20, 2007

IT IS THE INTENT OF THE RED RIVER NORDIC SKI CLUB TO OFFER HEALTHY AND SAFE TRAVEL-TO-EVENT OR TRAINING CAMP EXPERIENCES FOR OUR ATHLETES. TO FACILITATE THIS, THE FOLLOWING GUIDELINES HAVE BEEN DESIGNED TO OUTLINE EXPECTATIONS FOR MEDICATION AND ATHLETE AVAILABILITY ON TRIPS:

THE ATHLETE'S PARENT OR GUARDIAN MUST PROPERLY FILL OUT A MEDICAL INFORMATION FORM FOR HIS OR HER CHILD BEFORE EACH TRIP.

THE ATHLETE'S PARENT OR GUARDIAN IS RESPONSIBLE FOR ENSURING THAT HIS OR HER CHILD'S TEAM CHAPERONE AND/OR COACH IS AWARE OF ANY MEDICAL ISSUES AND TREATMENTS FOR HIS OR HER CHILD.

MEDICATION

- i) The athlete must bring any medication that he or she may require on the trip.
- ii) The athlete's coach or chaperone will hold medication for the athlete, if so requested, provided that the medication is in its original packaging and clearly labeled with the athlete's name.
- iii) Neither the coach nor chaperone will administer any medication.
- iv) In the event that an athlete requests medication that he or she has not brought, for example, Tylenol or Ibuprofen, it will be the responsibility of the chaperone to contact the athlete's parent or guardian or person designated by the parent or guardian to obtain consent, prior to providing the medication.

ATHLETE AVAILABILITY

- i) Every athlete must remain at the venue during competitions or team activities.
- ii) Every athlete must remain at the hotel with the other team members when the team is not involved in races or team activities at the venue, unless the coach or chaperone makes other arrangements for the team.
- iii) An athlete may visit with relatives or friends that are not team members at the venue or hotel, provided that
 - a) the athlete's parent or guardian discusses and provides written permission for the proposed visiting arrangements in advance to the athlete's coach and chaperone, and
 - b) the coach considers the proposed arrangements to be convenient in terms of the venue or social activities or rest times that have been planned for the team members.

AIR TRAVEL

- i) The Club recognizes that it is important for the coach, chaperone and all athletes on a team to travel together to tournaments, both on the same plane and seated together. Every effort will be made during the competitive season to ensure this happens whenever possible.
- ii) The Club also acknowledges that some families may wish to use travel points (e.g. Air Miles, Aeroplan) to send an athlete to a tournament to offset the cost of travel for athletes.

Other Out-of-Province Events

- For trips to competitions other than national championships, an athlete / family can use Air Miles or other such travel points to obtain transportation to and from the event.
- The athlete / family must declare the intention to use such points for these trips at the beginning of the competitive season.
- When travel dates and flights have been confirmed by the Travel Coordinator, the Travel Coordinator will distribute that information to the group of athletes / families who have declared their intention to use points.
- These athletes / families are then solely responsible to secure seats on the confirmed team flights, or on flights as close as possible to the confirmed team flights.
- These athletes / families are also solely responsible for any and all ground logistics that may be required for these athletes to connect with the team once at the host venue, and when leaving the host venue to return home.
- Each athlete / family will be required to sign a separate waiver acknowledging these conditions and responsibilities upon declaration of the intent to use Air Miles or other travel points.

I have read and understand the terms of the Red River Nordic Ski Club Travel Policy.

Signature of Athlete Date

Signature of Parent/Guardian (if Athlete is under the age of 18) Date